

# Brisbane Waters

## Private Hospital

### Dr. Su Kalava

MBBS, FRANZCP

Consultant Psychiatrist



## Introducing Dr. Su Kalava

Dr Su Kalava completed her medical degree in 2008 and became a Fellow of The Royal Australian and New Zealand College of Psychiatry in 2017.

Dr Kalava is Australian trained and has worked in a variety of settings including tertiary hospitals, and regional and rural areas across QLD, SA, NSW.

Su has completed extensive work experience locally at both Wyong and Gosford hospitals and has worked in a mood disorders unit that specialises in treatment resistant mood disorders.

Su also has experience in Electroconvulsive therapy (ECT) and is keen to see patients with personality disorders and is trained in psychotherapy including;

- Cognitive Behaviour Therapy (CBT)
- Interpersonal therapy (IPT)
- Motivational interviewing (MI), and
- Psycho dynamically informed psychotherapy

Dr Kalava is specializing in Addiction psychiatry and with special interest in chronic pain. Su completed over a years experience in specialist drug and alcohol service at Royal North Shore Hospital.

Areas of interest include:

- Dual diagnosis – addiction disorder, mental illness
- Perinatal Mental Health – Anti-natal depression, Post-natal depression and Postpartum Psychosis
- Chronic pain
- Personality disorders
- Mood disorders (trained at Northside clinic - mood disorders unit)

Dr. Kalava has joined the Psychiatry team at Brisbane Waters Private and is pleased to accept referrals for outpatients immediately.

Outpatient referrals for Dr. Kalava can be made by contacting Brisbane Waters Private Hospital on (02) 4343 0265 or fax (02) 4342 7164.