

Brisbane Waters

Private Hospital

Dr. Vasantha Bhanu Pothala

MBBS, DCP (Ireland), FRANZCP

Consulting Psychiatrist



Introducing Dr. Vasantha Bhanu Pothala

Dr Vasantha Bhanu Pothala graduated in medicine at the S.V. Medical College in India in 2002. Dr Pothala is a General Adult Psychiatrist and became a Fellow of The Royal Australian and New Zealand College of Psychiatrists in 2014.

Dr Pothala has over ten years of experience working in Psychiatry in various countries including the UK, Ireland, New Zealand and Australia. Dr Pothala is familiar with the Central Coast and the Hunter New England regions having worked as a Consultant Psychiatrist at the Local Health District in Newcastle, Maitland, Taree and Wyong hospitals.

Dr Pothala has recently joined the team at Brisbane Waters Private and will be offering Inpatient treatment at the Central Coast Clinic and Outpatient consultations in the Consulting Rooms at Brisbane Waters Private Hospital. He will also be available for consultations for patients in Medical and Surgical Wards in the hospital.

Dr Pothala has extensive experience in the assessment, diagnosis, and treatment of psychiatric disorders across different age groups. His expertise includes the

management of psychiatric cases including acute psychosis, schizophrenia, bipolar affective disorders and anxiety disorders. Dr Pothala has sound clinical knowledge with excellent empathic skills and offers comprehensive patient centred care with a bio-psycho-social approach.

Areas of special interest for direct GP Referral:

- Mood and Anxiety Disorders
- Personality Disorders
- Psychosis
- PTSD
- Addiction Psychiatry
- ADHD
- Risk assessment for dangerous and self-injurious behaviour

Referrals to Dr Pothala can be made by contacting the consulting rooms on (02) 4343 0265, fax (02) 4342 7164 or email to centralcoastclinic@healthcare.com.au

For urgent enquiries, please contact 1800 814 226 to speak with Ms Michelle Mead (Mental Health Intake officer).