

Associate Professor Michael Pollack

MBBS (Uni NSW); FAFRM (RACP); FACRM; FFPMANZCA; M.Med.Sci. (Clin.Epi)

Consultant Physician in Rehabilitation Medicine



Introducing Associate Professor Michael Pollack

Associate Professor Michael Pollack obtained his Bachelor of Medicine and Bachelor of Surgery from NSW University in 1981 completing his Internship at Royal North Shore Hospital. Michael became a Rehabilitation Physician in 1988.

Michael became a Fellow of the Faculty of Pain Medicine, Australian and New Zealand College of Anaesthetists in 1999 and has completed his Master in Medical Science (Clinical Epidemiology) from University of Newcastle in 2000.

Michael Pollack is a Senior Staff Specialist in Rehabilitation Medicine who has had a strong interest in stroke rehabilitation for many years. He has chaired the working parties which developed the first National Guidelines on Stroke Rehabilitation in Australia, and the first National Framework for Stroke Rehabilitation (with the National Stroke Foundation). He also co-founded the Australasian Stroke Unit Network (which has now evolved into the Australasian Stroke Coalition). He has chaired Stroke services NSW (ACI), and is currently on the Executive Committee of the Rehabilitation Clinical Network (ACI). He has been involved with stroke research for a number of years, and is currently an Associate Investigator with the Centre of Research Excellence in Stroke Rehabilitation and Brain Recovery.

Michael has over 25 years experience in Rehabilitation Medicine. In addition to Senior Consultant Physician, Michael is a Pain Specialist

Physician, Senior Staff Specialist at Hunter New England Local Health District, Conjoint Associate Professor at University of Newcastle, District Director of Rehabilitation Medicine at Hunter New England Health and The Director of Hunter Stroke Service.

Although having a research interest, Michael's principle love is Clinical Practice. Michael is a very personable physician who enjoys dealing directly with patients. Michael has published numerous articles and presented papers at Local, National and International conferences.

Areas of interests include;

- Stroke
- Spinal Cord Impairment
- Neurological Rehabilitation such as Stroke, Post Neurosurgery, Parkinson's disease, Multiple Sclerosis, Paraplegia,
- Orthopaedic Rehabilitation
- Musculoskeletal Rehabilitation

Assoc. Professor Pollack has recently joined the Rehabilitation team at Brisbane Waters Private and is pleased to accept referrals for rehabilitation immediately.

Referrals for Michael Pollack can be made by contacting Brisbane Waters Private Hospital on (02) 4341 9522 or fax (02) 4342 4460.