

MEDIA RELEASE

Brisbane Waters, NSW – 28th July 2016

More people will have access to drug and alcohol treatment programs with Brisbane Waters Private Hospital expanding its services to support much-needed facilities for the Central Coast.

Brisbane Waters Private Hospital, part of Health Care Australia, has recently recruited three new Psychiatrists who specialise in Drug and Alcohol Addictions.

CEO, Kathy Beverley says attracting highly reputable Psychiatrists such as, Professor Carlos Zubaran, Dr Greg Pearson and Dr Bhanu Pothala to the Central Coast, given Psychiatrists is a skill shortage in the region, is a great boost to the hospital and to the Central Coast community.

The new Drug & Alcohol Detox Program is a hospital based medically managed Drug & Alcohol Addictions program that includes Psycho Educational programs. At The Central Coast Clinic a personalised treatment plan is developed for every client to support them through a detox, if that is necessary, and a comprehensive program to help develop insight about why the dependency developed, and skills to live life without using drugs or alcohol. The Day Program also provides an option for people to undertake a structured rehabilitation program enabling them to retain contact with their treating Psychiatrist. This provides an opportunity to maintain the skills acquired via the program and provide support for returning to usual daily home activities and employment.

“At a time when more people are seeking treatment for drug related issues it is particularly important for our community that we increase capacity at our clinic. By improving access to treatment we enable the best possible outcomes for people trying to overcome alcohol or drug issues,” says Dr. Greg Pearson, who has recently been appointed the role as NSW Regional Clinical Director of Psychiatry Services, The Central Coast Clinic.

The Central Coast is fortunate to have this type of dedicated treatment for people with alcohol and other drug issues as well as experts in their field, such as Professor Carlos Zubaran, newly appointed Clinical Director of Psychiatry Services for The Central Coast Clinic.

Inpatient and Outpatient services are available. For anyone who would like further information on this new program please contact our Mental Health Assessment Hotline on 1800 814 226.

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