

Brisbane Waters

Private Hospital

Dr. Carlos Zubaran

MD, PhD, MHM, FRANZCP

Consultant Psychiatrist



Introducing Dr. Carlos Zubaran

Carlos Zubaran is a Consultant Psychiatrist and the Clinical Director of Psychiatry Services at The Central Coast Clinic, Brisbane Waters Private Hospital. He also holds a part-time senior staff specialist post at Hornsby Ku-ring-gai Hospital and a conjoint professorial appointment with the School of Medicine at Western Sydney University.

Professor Zubaran graduated at UFRGS Faculty of Medicine, a centenarian and most reputable institution in Southern Brazil. After obtaining his specialty in Psychiatry and a PhD in Biological Sciences, he completed postdoctoral programs at the Institute of Psychiatry in London (Behavioural Pharmacology), at Columbia University and New York State Psychiatric Institute (Substance Use) and at the International Center for Mental Health, Mount Sinai School of Medicine (Cultural Psychiatry) in New York City.

Professor Zubaran is a fellow of the Royal Australian and New Zealand College of Psychiatrists and member of the Faculty of Addiction Psychiatry. He has authored more

than sixty publications including scientific manuscripts, research abstracts and book chapters. He was the recipient of the World Psychiatric Association International Fellowship Award (1996) and the U. S. National Institute on Drug Abuse Distinguished International Scientist Award (2009).

In the clinical domain, Professor Zubaran possesses expertise in the management of general adult mood and psychotic disorders, having provided specialised care both at inpatient and outpatient level also for individuals with mental disorder(s) during early adulthood and perinatal period, and in the context of dual diagnosis (concurrent mental and addictive disorders).

Referrals to Dr Zubaran can be made by contacting the consulting rooms on (02) 4343 0265, fax (02) 4342 7164 or email to centralcoastclinic@healthecare.com.au

For urgent enquiries, please contact 1800 814 226 to speak with Ms Michelle Mead (Mental Health Intake officer).